

# COBIT 2019 Foundation

Course code: COBIT19F

COBIT® is a framework for the enterprise governance and management of information and technology (I&T) that supports enterprise goal achievement. This Foundation Course is intended for current COBIT 5 Foundation Certificate holders as well as those new to COBIT who are interested in achieving the latest foundation certificate. This two-day course highlights the concepts, models and key definitions of the COBIT framework and helps prepare learners to take the COBIT 2019 Foundation Exam.

Affiliate	Duration	Course price	ITB
Praha	2	18 900 Kč	0
Brno	2	18 900 Kč	0

The prices are without VAT.

## Course terms

Date	Duration	Course price	Type	Course language	Location
------	----------	--------------	------	-----------------	----------

The prices are without VAT.

## Target group

The course is recommended for:

- Boards
- Executive management
- Business management
- IT management
- Internal/External auditors
- Risk managers
- Regulators
- Partners
- Vendors

## Take away

At the end of this training, you will have gained the knowledge and skills to:

- Recognize the context, benefits and key reasons COBIT is used as an information and technology governance framework.
- Recognize the descriptions and purposes of the COBIT product architecture.
- Recall the alignment of COBIT with other applicable frameworks, standards and bodies of knowledge.
- Understand and describe the governance "system" and governance "framework" principles.
- Describe the components of a governance system.
- Understand the overall structure and contents of the Goals Cascade.
- Recall the 40 Governance and Management Objectives and their purpose statements.
- Understand the relationship between Governance and Management Objectives and Governance Components.
- Differentiate COBIT based performance management using maturity and capability perspectives.
- Discover how to design a tailored governance system using COBIT.
- Explain the key points of the COBIT business case.
- Understand and recall the phases of the COBIT implementation approach.
- Describe the relationships between the COBIT Design and Implementation Guides.
- Prepare for the COBIT 2019 Foundation exam.

## Recommended previous courses

### GOPAS Praha

Na Strži 2097/63  
140 00 Praha 4 - Krč  
Tel.: +420 226 201 390  
[info@gopas.cz](mailto:info@gopas.cz)

### GOPAS Brno

Nové sady 996/25  
602 00 Brno  
Tel.: +420 530 513 590  
[info@gopas.cz](mailto:info@gopas.cz)

### GOPAS Bratislava

Dr. Vladimíra Clementisa 10  
Bratislava, 821 02  
Tel.: +421 902 903 132  
[info@gopas.sk](mailto:info@gopas.sk)



Copyright © 2026 GOPAS, a.s.,  
All rights reserved

# COBIT 2019 Foundation

Listed courses are recommended, but not mandatory.

- IT management introduction
- ITIL4 Foundation
- DASA DevOps Fundamentals

## Recommended following courses

- COBIT 2019 Design and Implementation course

## Training materials

Every participant receives user guide in English language. Another material is available for download in English language as well. The presentation itself is provided in Czech or English language.

## Content of the course

- Course introduction
- Framework introduction
- Principles
- Governance system and components
- Governance and management objectives
- Performance management
- Designing a tailored governance system
- Business case
- Implementation
- Closing

COBIT® 2019 is a trademark of the Information System Audit and Control Association, Inc. (ISACA), registered in the United States and other countries. [www.isaca.org](http://www.isaca.org)

**GOPAS Praha**  
Na Strži 2097/63  
140 00 Praha 4 - Krč  
Tel.: +420 226 201 390  
[info@gopas.cz](mailto:info@gopas.cz)

**GOPAS Brno**  
Nové sady 996/25  
602 00 Brno  
Tel.: +420 530 513 590  
[info@gopas.cz](mailto:info@gopas.cz)

**GOPAS Bratislava**  
Dr. Vladimíra Clementisa 10  
Bratislava, 821 02  
Tel.: +421 902 903 132  
[info@gopas.sk](mailto:info@gopas.sk)



Copyright © 2026 GOPAS, a.s.,  
All rights reserved